



"Then Elijah appeared to them along with Moses, and they were conversing with Jesus." Mark 9:4



SEVEN SACRAMENTS

The Catholic Church recognizes and celebrates seven sacraments. A sacrament is a sign of God's love and grace, and gives us a share in God's life. Sacraments transform us and strengthen us for the work of building God's kingdom. The seven sacraments are gathered into three groups.

Baptism, confirmation, and Eucharist are **sacraments of initiation**. They bring us into the Church and make us fully participating members.

Reconciliation and anointing of the sick are **sacraments of healing**. They ask God for healing of people's body, soul, and spirit.

Matrimony (marriage) and holy orders are **sacraments of mission**. They acknowledge and honor the ways in which we choose to serve our community and each other.

People celebrate these sacraments at different times during their lives. Which ones have you already celebrated? Ask the adults in your house to name the sacraments they have celebrated. On the lines on this page, name some of the people you know who will be celebrating these sacraments in the coming year. Is someone getting married? Do you know someone who will make their First Communion or be confirmed? Is someone ill who can be blessed and strengthened by the sacrament of anointing of the sick? Every week we all have the opportunity to celebrate the great gifts of reconciliation and Eucharist.

Put the list where you can see it, and remember to pray for your family and friends as they prepare to share in God's life by celebrating the sacraments.

Baptism	
Eucharist	- CUE
Confirmation	
Reconciliation	
Anointing of the Sick	
Holy Orders	
Matrimony	

